

# BROKEN RULE ASSIGNMENT

Assign this worksheet to your child whenever he or she breaks a rule (being careful not to overuse it)  
Discuss your child's answers with him or her afterwards.

**1. Which rule did you choose to break?**


**2. Explain the events that led up to you breaking the rule.**


**3. Why do you think it is important to follow this rule?**


**4. What do you think the consequence should be next time you break this rule?**

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**5. How do you plan to regain trust after breaking this rule?**


**6. What other choices could you have made besides breaking this rule?**


**7. List all of the individuals that were affected by your behavior?**

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**8. Write an apology to the person(s) most affected by your behavior.**
